



FOR IMMEDIATE RELEASE:  
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### **Take a Journey through Dementia at Live Interactive Event**

Imagine if someone you know who is living with dementia could tell you everything they want you to know about their Dementia diagnosis. We invite our communities to join for a special event at the Heritage Center in St. Joseph, or on Zoom on Thursday October 21, 2021 from 3-4:30 pm as we present 'A Journey Through Dementia Minds.'

A Journey with Dementia Minds is an interactive presentation by eight individuals living with dementia. In this dramatic and humorous performance, you will experience their journey beginning with the recognition that something was wrong, testing, diagnosis and depression that often follows the diagnosis. Undergo the passage from the darkness of depression into the light of acceptance and the discovery of new meaning and purpose. Be prepared to take flight as A Journey with Dementia Minds is a transformative and powerful experience for all who attend.

Afterwards join the presenters in a post-performance talkback. Engage in an open and honest dialogue with the performers and have your questions answered. Be ready to be inspired.

People living with dementia are transforming the worldview of neurocognitive disorders nationwide. There is a growing population of persons living with dementia who are aware of their diagnosis and are speaking out. The goal of this event is to start to abolish the stigma associated with living with dementia, to give voice to the lived experience and advocate for full inclusion of persons living with dementia

To get your free ticket to attend this event in person or on Zoom register online at Area Agency on Aging's Campus for Creative Aging website at [CampusForCreativeaging.org](http://CampusForCreativeaging.org) or contact Amy Nichols at (269) 982-7748 or by email at [amynichols@areaagencyonaging.org](mailto:amynichols@areaagencyonaging.org).

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