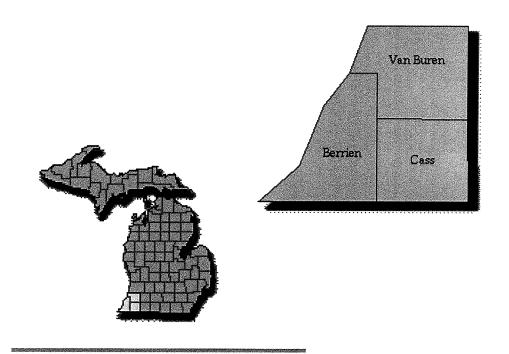
# 2020 - 2022 Multi-Year Plan FY2022 ANNUAL IMPLEMENTATION PLAN REGION IV AREA AGENCY ON AGING

## **DRAFT SUMMARY**



#### Planning and Service Area Berrien, Cass, Van Buren

### Region IV Area Agency on Aging

2900 Lakeview Avenue St. Joseph, MI 49085 269-983-0177 (phone) 800-442-2803 (toll-free) 800-654-2810 (toll-free info line) 269-983-4028 (fax) Lynn Kellogg, CEO www.areaagencyonaging.org

#### **Executive Summary**

Region IV, Area Agency on Aging, Inc. (RIV AAA) is a private, not-for-profit organization established in 1974 for the business of developing age supportive commerce and services. Region IV AAA plays a major role in planning, funding and delivery of a host of services with a primary focus on individuals with the greatest economic and social needs. Empowerment and independence of the consumer are driving themes behind its efforts.

Region IV AAA is designated by the Michigan Aging and Adult Services Agency (AASA) to plan, develop, and implement services as guided through the federal Older Americans Act (OAA) of 1965 and its subsequent amendments. The Older Michiganians Act (OMA) was enacted by the State of Michigan in 1981 to build upon the efforts of the aging network through State resources.

Governed by an independent Board of Directors, the agency mission is "Offering Choices for Independent Lives" with a vision that "through choice and range of service, every aging adult lives a quality life." This is achieved through advocacy, educating the community, coordinating services, coalition building, business development and using available resources and funding for supportive services.

The corporation manages an array of grants and contracts for service delivery in southwest Michigan. Its primary service area includes Berrien, Cass, and Van Buren counties.

The Region IV Area Agency on Aging Multi-Year Plan (MYP) for the period of October 1, 2019 through September 30, 2022 has set forth a plan to continue to provide and improve upon a comprehensive coordinated system of services to assist aging adults in maintaining independence in their homes and communities.

#### 2022 Plan Highlights

In FY 2022, Region IV AAA will continue to offer and administer the objectives established in the FY 2020-2022 MYP.

Diversity, Equity and Inclusion (DEI) goals were a key focus in FY 2021. Improving the accessibility of services to minority populations in southwest Michigan inclusive of people of color, persons with disabilities, recent immigrants and LGBTQ+ individuals will continue to be a major focus in FY 2022. Efforts will focus on ensuring AAA staff, providers and sub-contractors are trained in DEI including the

ability to recognize unconscious bias; programming and outreach is culturally sensitive and welcoming to all; culturally and linguistically appropriate outreach is directed to non-English-speaking persons and that providers are trained to adapt to diverse cultural needs; and AAA staff, board and volunteers serving the communities of southwest Michigan are reflective of the diverse population of the region.

COVID-19 continues to have significant impact in Region IV AAA's service area. A rapid transition to a near 100% remote workforce was accomplished in March 2020. Staff were provided with equipment and IT support needed to accomplish their work remotely. Employee engagement and satisfaction with a remote vs. in-office work structure is a continued focus. It is anticipated that a blend of remote and in-office work will evolve in FY 2022 allowing Region IV AAA to capitalize on the benefits of a remote workforce while ensuring agency culture, core values and workforce connectivity and service delivery excellence remains high.

RIV AAA served as a trusted source of COVID-19 information and access to the vaccine for older adults in the region in FY 2021. The rural nature of the area compounded vaccine effort challenges. Region IV AAA partnered with local health departments and health systems to identify homebound individuals and direct care workers and facilitated vaccine access for those populations. Those efforts will continue throughout the remainder of the pandemic as needed.

RIV AAA launched the Rapid COVID-19 Home and Community Based Services Response program to provide seamless and timely access to services in the home to allow COVID positive older adults to transition home from a hospital stay with support or avoid hospitalization by convalescing at home with supportive care. This reduced hospitalizations and shortened hospital length of stay by allowing COVID patients to transition home sooner freeing up hospital capacity to care for patients who were more severely ill as well as allowing some COVID positive older adults to avoid a hospital stay altogether. RIV AAA partnered with local health systems, health departments and community funders and service providers to accomplish this aim.

Direct Care Workforce challenges continue to be intensified by COVID-19. COVID outbreaks within the workforce and fears of contracting the virus combined with childcare issues, school closures and increased unemployment benefits were identified by service providers as key challenges. In addition to providing PPE, RIV AAA provided premium pay to Direct Care Workers serving COVID positive older adults and younger persons with disabilities in addition to the state supported Direct Care Worker \$2 hourly wage increase. Region IV AAA's Provider Unmet Needs fund continues to provide resources to overcome barriers to continued employment

DCW experience including, but not limited to gas cards, auto repair, cell phones and cell phone minutes, childcare costs and other individualized barrier reduction items.

A telephone reassurance service, the Friendly Callers program, was developed and operationalized in FY 2020 in response to an increase in social isolation due to the COVID-19 pandemic. In FY 2021 a large number of college students were recruited, trained and matched with seniors in need of a telephone reassurance service. This capitalized on the strengths and benefits of intergenerational programing. The Friendly Caller program will continue in FY 2022 with an aim to increase volunteer recruitment to expand impact.

Region IV AAA's Campus for Creative Aging pivoted to provide all campus offerings on a virtual platform in response to the pandemic. Courses were redesigned, volunteer and staff instructors trained in Zoom and other virtual platforms and seniors engaged in remote learning. Zoom 101 courses were held and one-on-one telephonic coaching sessions provided to increase seniors' ability to access on-line programming. Course offerings were widely expanded and reach to the community grew throughout FY 2021. A blend of in-person and virtual offering of classes will continue in FY 2022.

Access to nutrition was a key barrier to seniors during the pandemic. In partnership with local nutrition providers, Region IV AAA expanded access to home delivered meals and developed and deployed drive thru pick-up systems for congregate meal participants. Staff and volunteers delivered Q-boxes of shelf-stable meals and fresh produce boxes to seniors throughout the pandemic. Personal care kits and PPE, including more than 2,000 masks made by community volunteers, were also provided. RIV AAA will continue to collaborate with nutrition providers to meet evolving nutritional needs and preferences of seniors throughout FY 2022.

The potential for reduced funding over the last few years has afforded Region IV AAA an opportunity to restructure the use of various OAA and state funding sources to accommodate some of the unexpected shifts in funding. These flexible services are easily turned on and off without having much effect on the individual but are still able to lessen and/or eliminate a barrier.

However, not all funding sources can easily be shifted to adapt to a reduced funding stream and may require the AAA and direct service providers to reduce much needed services. This reduction may have a negative effect on an individual and potentially their ability to continue to lead an independent life in their homes and community. An example would be having to reduce and restructure Care Management and Case Coordination & Support staff which would result in fewer individuals being assessed and less in-home services being authorized.

Region IV AAA will continue to seek additional funding opportunities and community partnerships to sustain and/or grow existing programs and start new programs when viable to meet the needs of the older adult population in our counties. Those potential funding sources include private and public foundations, United Way, health system and health payor contracts among others.

Advocacy efforts for FY2022 will build on progress to date and not differ greatly from the FY 2020-22 MYP. Progress made includes increased consumer engagement through grassroots advocacy efforts as evidenced by increased participation in public policy events such as the Older Michiganians Day/Senior Action Week state advocacy event and the local Region IV AAA Legislative Forum; both of which were held virtually in the 2021. Further, legislators' awareness and understanding of policy implication have been heightened through AAA staff testimony on pending legislation, one-on-one policy discussions with legislators, facilitated conversations with consumers and townhall participation. Policy analysis, public testimony and facilitated consumer meetings between elected officials will continue.

Significant advocacy efforts and success have focused on:

- the effort to rebalance Medicaid-funded Long-Term Care (LTC) to allow consumers a choice in where they receive LTC service:
- 2) make Michigan a no -wait state for AASA-funded in-home services;
- 3) address the Direct Care Workforce challenges;
- the creation of a Kinship Care Navigator program and Kinship Care Advisory Council; and
- 5) develop infrastructure and access to affordable Broadband.

Those efforts will continue in FY2022 with an added focused effort on federal funding for Title III-B services.

Advocacy efforts will continue to focus on educating appropriators on the value and impact of AAA services and will focus advocacy efforts to avoid cuts to key programs and mitigate impact on older adults by seeking additional funding opportunities to mitigate the impact of federal or state funding cuts.

			FY 2022	FY 2022 AREA PLAN GRANT BUDGE				
Agency:	Region IV, Area	Agency: Region IV, Area Agency on Aging, Inc.	lnc.	Budget Period:	10/01/21	o t	09/30/22	Rev. 3/2/21
PSA:	4			Date: 05/10/21		Rev. No.:	0	Page 1of 3
	SERVICES SUMMARY	RY			ADMINISTRATION	SATION		
	SUPPORTIVE	NUTRITION		Revenues		Local Cash	Local In-Kind	Total
FUND SOURCE	SERVICES	SERVICES	TOTAL	Federal Administration	130,754	10,054	10,933	151,741
1. Federal Title III-B Services	339,073		339,073	State Administration	22,598			22.598
2. Fed. Title III-C1 (Congregate)		424,165	424,165	MATF Administration	9,311	٠	•	9.311
3. State Congregate Nutrition		7,542	7,542	St. CG Support Administration	1,149	-		1,149
4. Federal Title III-C2 (HDM)		232,256	232,256	Other Admin				
5. State Home Delivered Meals		376,172	376,172	Total AIP Admin:	163,812	10,054	10,933	184,799
8. Fed. Title III-D (Prev. Health)	24,783		24,783					
9. Federal Title III-E (NFCSP)	156,514		156,514					

Expenditures		
	FTEs	
1. Salaries/Wages	2:00	000'86
2. Fringe Benefits		34,300
3. Office Operations		52,499
Total:		184,799

5,134

22,511

7,624

7,624 5,134 22,511 401,348

10. Federal Title VII-EAP 10. Federal Title VII-A

401,348 88,482 215,913

88,482 215,913

35,104 18,004

16. St. N ursing Home Ombs (NHO)

17. Local Match

14. State Care Management 13. State Alternative Care

15. St. ANS

12. State In-Home 11. State Access

34,103 119,789

600,773 158,015 56,874 94,149

18. State Respite Care (Escheat)

b. In-Kind a. Cash

50,350 191,394 ,435,771

> 47,445 2,292,626

> > TOTAL:

22. Program Income

21. NSIP

11,616

9,264

20. TCM/Medicaid & MSO

19. St. CG Support

19. MATF

35,104	1				
18,004					
	Cash Match Detail			In-Kind Match Detail	
634,876	Source	-	Amount	Source	Amount
277,804	Custom Care		10,054	10,054 Board Travel/Time	7,183
56,874				Advisory Travel/Time	3,750
94,149					
11,616					
9,264					
50,350					
238,839					
3,728,397					
	Total:		10,054	Total:	10.933

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

GFO

Title

05/10/21 Date

Planned Service	es :	Summary	Page for	FY 2022	PSA:	4
	E	Budgeted	Percent	Me	thod of Provis	sion
			of the			
Service		Funds	Total	Purchased	Contract	Direct
ACCESS SERVICES	T					
Care Management	\$	150,498	4.03%			X
Case Coordination & Support	\$	156,937	4.20%			X
Disaster Advocacy & Outreach Program		-	0.00%			to the terms of the
Information & Assistance		109,798	2.94%			X
Outreach		_	0.00%			
Transportation		84,723	2.27%		X	
Option Counseling	\$	119,952	3.21%			X
IN-HOME SERVICES	-					
Chore	\$	17,713	0.47%	×		
Home Care Assistance		17,713	0.00%			
Home Injury Control		5,126	0.14%	X		
Homemaking		265,880	7.11%	x		·····
Home Delivered Meals		839,418	22.45%	×	x	
Home Health Aide		-	0.00%			Section (Section )
Medication Management		1,234	0.03%	X	x	
Personal Care		90,873	2.43%	X		***************************************
Personal Emergency Response System		10,503	0.28%	X		ej a oktor
Respite Care		232,655	6.22%	X	×	X
Friendly Reassurance		8,889	0.24%			X
COMMUNITY SERVICES	_	- 004 047	40 500/			
Adult Day Services		691,817	18.50%	X	<u> </u>	
Dementia Adult Day Care			0.00%			
Congregate Meals		583,736	15.61% 0.00%		X	
Nutrition Counseling Nutrition Education	\$	-	0.00%			
Disease Prevention/Health Promotion		82,367	2.20%		x	
Health Screening		02,307	0.00%		<u> </u>	X
Assistance to the Hearing Impaired & Deaf			0.00%			
Home Repair		100	0.00%	X		
Legal Assistance		78,973	2.11%		x	
Long Term Care Ombudsman/Advocacy		44,294	1.18%			×
Senior Center Operations			0.00%			
Senior Center Staffing		-	0.00%			
Vision Services	\$	-	0.00%			
Programs for Prevention of Elder Abuse,	\$	5,705	0.15%			x
Counseling Services	\$	_	0.00%			
Creating Confident Caregivers® (CCC)	\$	14,889	0.40%		X	X
Caregiver Supplemental Services		7,905	0.21%	X		
Kinship Support Services		11,112	0.30%			X
Caregiver Education, Support, & Training	\$	17,778	0.48%		X	a se Seeph
AAA RD/Nutritionist		12,617	0.34%	X		1441
PROGRAM DEVELOPMENT	\$	73,127	1.96%			X
REGION-SPECIFIC a. GAP Filling Services	\$	9,778	0.26%	X		
b.	\$	9,770	0.00%			
C.	\$		0.00%			
d.	\$		0.00%			
CLP/ADRC SERVICES	\$	-	0.00%			
SUBTOTAL SERVICES	\$	3,728,397				
MATF & ST CG ADMINSTRATION	\$	10,460	0.28%			
TOTAL PERCENT			100.00%	30.03%	48.49%	21.47%
TOTAL FUNDING	\$	3,738,857		\$1,122,774	\$1,813,321	\$802,762

Note: Rounding variances may occur between the Budgeted Funds column total and the Total Funding under the Method of Provision columns due to percentages in the formula. Rounding variances of + or (-) \$1 are not considered material.