## What's Happening at the Campus for Creative Aging?

Since the pandemic closed our doors, we have been busy at the Campus for Creative Aging temporarily pivoting to online education. In this past year we have taught area seniors how to utilize the Internet to stay connected to family, and the activities they enjoy while still being safe. In addition, we have expanded our options and opportunities to engage in lifelong learning.

We recently started to record and post many of our classes on You Tube. There are classes you can watch to learn on how to use Zoom and MyChart. Also, you can learn all about Healthcare Planning, how keep your computer safe and secure, and our New to Medicare classes.

You can find all of our classes, including evidence based classes such as Developing Dementia Dexterity and P.A.T.H (Personal Action Towards Health) on our website at campusforcreativeaging.org/classes. Register online or call Amy Nichols at (269) 982-7748 or email amynichols@areaagencyonaging.org.







## THE ROAD-MMAP TO YOUR BENEFITS

## What does it mean to have full coverage with Medicare?

Full coverage would include Medicare A for 80% hospitalization, Medicare B for 80% of out patient services including doctor visits, Secondary that addresses the 20% A & B do not cover and Drug coverage. Your secondary and your drug coverage are the areas you have the most choices on how you want to be covered. Would You Like Help Understanding Your Benefits? Contact Mistelle Sleigh at (269) 408-4354 mistellesleigh@areaagencyonaging.org

MMAP (Michigan Medicare/Medicaid Assistance Program) is a free service provided by AAA and the Michigan State Health Insurance Assistance Program for anyone who needs help understanding their Medicare/Medicaid benefits.



Info-Line for Aging & Disability

(800) 654-2810

## HELLO. HOW CAN WE HELP YOU?

Call the Info-Line to access resources, services, and programs available to older adults and adults with disabilities in southwest Michigan.