

REGION IV



**Area Agency on Aging, Inc.**

**SPECIALISTS IN AGING**

*Offering Choices for Independent Lives*

# WHO, WHAT AND WHERE

A reference guide of services  
for older adults and people  
with disabilities in Berrien,  
Cass and Van Buren counties



Info-Line: 800-654-2810

[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)



Who, What and Where is a quick reference guide of frequently requested phone numbers and websites published by Region IV Area Agency on Aging (AAA) for informational purposes only. AAA does not recommend or endorse specific services or providers.

The area code for listings is (269) unless otherwise noted. For more information about services in your community, call the Info-Line for Aging and Disability at (800) 654-2810.

## Adult Day Services

### Autumn House Adult Day Services

Paw Paw ..... 925-1725

[www.caringconnectionmi.org](http://www.caringconnectionmi.org)

### Cass County Council on Aging Adult Day Service

Cassopolis ..... 445-8110 or (800) 323-0390

[www.casscoa.org](http://www.casscoa.org)

### Harbor House Adult Day Services

Benton Harbor ..... 925-1725 or (888) 237-1891

[www.caringconnectionmi.org](http://www.caringconnectionmi.org)

## Adult Foster Care

To search for adult foster care providers, go to

[www.adultfostercare.apps.lara.state.mi.us/](http://www.adultfostercare.apps.lara.state.mi.us/)

## Behavioral Health

### Bronson LakeView Neurobehavioral Health

Paw Paw ..... 657-1595

[www.bronsonhealth.com](http://www.bronsonhealth.com)

National Suicide & Crisis Lifeline ..... 988

### Riverwood Center – Berrien County

Benton Harbor ..... 925-0585 or (800) 336-0341

Niles ..... 684-4270 or (800) 336-0341

[www.riverwoodcenter.org](http://www.riverwoodcenter.org)

### Van Buren Community Mental Health Authority

Paw Paw ..... 657-5574 or (800) 922-1418

[www.vbcmh.com](http://www.vbcmh.com)



## Behavioral Health (cont.)

Woodlands Behavioral Healthcare – Cass County

Cassopolis ..... 445-2451 or (800) 323-0335

[www.woodlandsbhn.org](http://www.woodlandsbhn.org)

### **Campus for Creative Aging**

The Campus for Creative Aging serves older adults who seek to share, expand, and unlock their capacity for creative expression, living with purpose, personal growth and lifelong learning.

Get involved with the Campus through a variety of programs, classes, volunteers and events. For more information, call 983-0177, or visit

[www.CampusforCreativeAging.org](http://www.CampusforCreativeAging.org).

## **Caregiver Support**

Area Agency on Aging offers a variety of supports, services, classes, seminars, online tools, and advocacy opportunities for caregivers. For more information, call the Info-Line at (800) 654-2810, or visit [www.](http://www.AreaAgencyonAging.org)

[AreaAgencyonAging.org](http://www.AreaAgencyonAging.org).

### **Care Management**

Area Agency on Aging's Care Management service assists adults and persons with disabilities and chronic conditions with long-term supports and services. Care Management offers connection to an array of home and community-based services like home-delivered meals, transportation, assistance with bathing, cleaning, and more. Care managers are a team of nurses, social workers, housing specialists and other professional experts who can help sort through options and arrange care to help you or your loved one live at home or in the setting of their choice.

For more information, call the Info-Line at (800) 654-2810, or visit [www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org).



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## Disability Services

Disability Network Southwest Michigan

Berrien, Cass and Van Buren counties ... 985-0111

[www.dnswm.org](http://www.dnswm.org)

## Educational Opportunities

Area Agency on Aging offers a variety of educational classes, seminars, conferences, outreach events and more. For more information, call the Info-Line at (800) 654-2810, or visit [www.CampusforCreativeAging.org](http://www.CampusforCreativeAging.org).

## Elder Abuse Prevention

Adult Protective Services

24-Hour Hotline ..... (855) 444-3911

[www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)

Long-Term Care Ombudsman ..... (866) 485-9393

[www.mltcop.org](http://www.mltcop.org)

## Emergency Assistance

211/United Way ..... 2-1-1 or (800) 310-5454

[www.mi211.org](http://www.mi211.org)

Area Agency on Aging ..... (800) 654-2810

[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

Catholic Community Center

Benton Harbor ..... 926-6424

[www.ccdok.org/catholic-community-center](http://www.ccdok.org/catholic-community-center)

Decatur Human Services

Decatur ..... 423-6474

Ferry Street Resource Center

Niles ..... 687-9860

[www.ferrystreet.org](http://www.ferrystreet.org)

Helping Hands of Cass County ..... 445-8104

[www.helpinghandsofcasscounty.wordpress.com](http://www.helpinghandsofcasscounty.wordpress.com)

Michigan Department of Health and Human Services

Berrien and Van Buren counties ... (844) 464-3447

Cass County ..... 445-0200

[www.michigan.gov](http://www.michigan.gov)



## Emergency Assistance (cont.)

### Neighbor by Neighbor

Union Pier ..... 231-0648

[www.neighborbyneighbor.org](http://www.neighborbyneighbor.org)

### Red Bud Ministries

Buchanan ..... 695-5083

[www.redbudministries.weebly.com](http://www.redbudministries.weebly.com)

### Salvation Army

Benton Harbor ..... 927-1353

[www.sabentonharbor.org](http://www.sabentonharbor.org)

Niles ..... 684-2660

[www.saniles.org](http://www.saniles.org)

### Southwest Michigan Community Action Agency

Berrien, Cass and Van Buren counties

..... 925-9077 or (800) 334-7670

Cassopolis ..... 605-4210

Hartford ..... 605-4145

Niles ..... 635-3636

[www.smcaa.com](http://www.smcaa.com)

### St. Vincent de Paul

St. Joseph ..... 982-3478

### United Christian Services

Paw Paw ..... 415-0767

[www.unitedchristianservices-evbc.com](http://www.unitedchristianservices-evbc.com)

### We Care I.N.C.

Mobile Office ..... 427-9581

South Haven ..... 637-4342

[www.wecare-inc.org](http://www.wecare-inc.org)

## Employment and Training

Kinexus – Michigan Works ..... (800) 533-5800

Benton Harbor ..... 927-1064

Dowagiac ..... 782-9864

Paw Paw ..... 657-7014

[www.kinexus.org](http://www.kinexus.org)



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## Employment and Training (cont.)

### Michigan Rehabilitation Services

Benton Harbor .....	926-6168
Berrien and Cass counties .....	(877) 901-9192
Dowagiac .....	445-0253
Hartford .....	337-3700
Van Buren County .....	(877) 901-9187

[www.michigan.gov/mrs](http://www.michigan.gov/mrs)

### Senior Community Service Employment Program

.....	983-7058
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[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

## Food Assistance

211/United Way .....	2-1-1 or (800) 310-5454
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[www.mi211.org](http://www.mi211.org)

Area Agency on Aging .....	(800) 654-2810
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[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

## Guardianship

### Guardianship & Alternatives

Dowagiac .....	782-2953
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[www.guardianshipandalternatives.com](http://www.guardianshipandalternatives.com)

### Michiana Guardianship Services

Cassopolis .....	445-2900
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### West Michigan Guardianship - Caring Connection

Benton Harbor .....	934-9333
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[www.caringconnectionmi.org](http://www.caringconnectionmi.org)

## Health Departments

### Berrien County Health Department

Benton Harbor .....	926-7121
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Niles .....	684-2800
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[www.bchdmi.org](http://www.bchdmi.org)

### Van Buren/Cass District Health Department

Lawrence .....	621-3143
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[www.vbcassdhd.org](http://www.vbcassdhd.org)



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## Health Services

Alzheimer's Association Help Line ..... (800) 272-3900  
Michigan Great Lakes Chapter ..... 342-1482  
[www.alz.org/mglc](http://www.alz.org/mglc)

Berrien County Cancer Service  
St. Joseph ..... 429-3281  
[www.bccancerservice.org](http://www.bccancerservice.org)

Bureau of Services for Blind Persons  
Kalamazoo ..... 337-3875  
[www.michigan.org](http://www.michigan.org)

Corewell Health Center for Wellness  
Benton Harbor ..... 408-2258  
[www.spectrumhealthlakeland.org](http://www.spectrumhealthlakeland.org)

Michigan Coalition for Deaf, Hard of Hearing and  
Deafblind People ..... (586) 932-6090  
[www.michdhh.org](http://www.michdhh.org)

## Home Care

Many organizations provide services delivered in the home. Call the Info-Line at (800) 654-2810 for a list of agencies and organizations providing home care.

## Home and Community-based Long-term Care

### Adult Home Help

Berrien and Van Buren counties .. (844) 464-3447  
Cass County ..... 445-0200

Area Agency on Aging ..... 983-0177 or (800) 654-2810  
[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

Michigan Brain Injury Program ..... (517) 241-1685

### MI Choice Waiver - Berrien, Cass and Van Buren

Area Agency on Aging  
St. Joseph ..... 983-0177 or (800) 654-2810  
[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

### Carewell Services

Battle Creek ..... (800) 626-6719  
[www.carewellservices.org](http://www.carewellservices.org)



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## Home and Community-based Long-term Care (cont.)

PACE of Southwest Michigan

Berrien, Cass and parts of Van Buren .... 408-4322

[www.paceswmi.org](http://www.paceswmi.org)

Senior Care Partners P.A.C.E.

Parts of Van Buren County ..... 441-9319

[www.seniorcarepartnersmi.org](http://www.seniorcarepartnersmi.org)

## Home Modifications

The Area Agency on Aging works with a variety of community partners to connect people with ways to modify their homes with ramps, chair lifts, grab bars, etc. Call the Info-Line at (800) 654-2810 to see how we can connect you.

## Hospice Care

Centrica Care Navigators

Kalamazoo and Paw Paw ..... 345-0273

[www.centricacare.org](http://www.centricacare.org)

Compassus

Portage ..... (800) 343-1396

[www.compassus.com](http://www.compassus.com)

Corewell Health Hospice & Palliative Care

St. Joseph ..... 429-7100 or (800) 717-3811

South Haven ..... 637-3825 or (800) 637-3820

Niles ..... 695-1099

[www.spectrumhealthlakeland.org/caring-circle](http://www.spectrumhealthlakeland.org/caring-circle)

Elara Caring Hospice

Kalamazoo ..... 312-7446

[www.elara.com](http://www.elara.com)

HarmonyCares Hospice

Kalamazoo ..... 743-4681

[www.ghospice.com](http://www.ghospice.com)

ProMedica Heartland Hospice

Kalamazoo ..... (877) 329-1001

[www.promedica hospice.org](http://www.promedica hospice.org)





## Hospice Care (cont.)

### SouthernCare Hospice Services

Portage ..... 342-9308  
[www.southerncareinc.com](http://www.southerncareinc.com)

### Wings of Hope Hospice

Allegan ..... 686-8659  
[www.wingsofhopehospice.com](http://www.wingsofhopehospice.com)

## Hospitals

### Ascension Borgess-Lee Hospital

Dowagiac ..... 782-8681  
[www.healthcare.ascension.org](http://www.healthcare.ascension.org)

### Bronson LakeView Hospital

Paw Paw ..... 657-3141  
[www.bronsonhealth.com](http://www.bronsonhealth.com)

### Bronson South Haven Hospital

South Haven ..... 637-5271  
[www.bronsonhealth.com](http://www.bronsonhealth.com)

### Corewell Health South

Niles ..... 683-5510  
Watervliet ..... 463-3111  
St. Joseph ..... 983-8300  
[www.spectrumhealthlakeland.org](http://www.spectrumhealthlakeland.org)

## Housing

Area Agency on Aging ..... 983-0177 or (800) 654-2810  
[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

### Housing and Urban Development Public Housing Authority

[www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](http://www.hud.gov/program_offices/public_indian_housing/pha/contacts)

### Michigan State Housing Development Authority

[www.housing.state.mi.us](http://www.housing.state.mi.us)

### U.S. Dept. of Agriculture Rural Development

[www.rdmfhrentals.sc.egov.usda.gov](http://www.rdmfhrentals.sc.egov.usda.gov)



## Information and Assistance

- Eldercare Locator ..... (800) 677-1116  
[www.eldercare.acl.gov](http://www.eldercare.acl.gov)
- Info-Line for Aging and Disability ..... (800) 654-2810  
[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

## Legal Assistance

- Council and Advocacy Law Line ..... 888-783-8190  
[www.lakeshorelegalaid.org](http://www.lakeshorelegalaid.org)
- Legal Aid of Western Michigan  
Berrien County ..... 983-6363  
Cass and Van Buren counties ..... 344-8113  
[www.lawestmi.org](http://www.lawestmi.org)
- MI Department of Civil Rights ..... (800) 482-3604  
[www.michigan.gov/mdcr](http://www.michigan.gov/mdcr)
- MI Legal Help  
[www.michiganlegalhelp.org](http://www.michiganlegalhelp.org)

## Loan Closet

A variety of agencies and organizations offer loan closets with medical equipment and other devices. Call the Info-Line at (800) 654-2810 for a list of agencies and organizations providing loan closets.

## Medicare/Medicaid, Health Benefits

- Health Insurance Marketplace/Affordable Care Act  
..... 800-318-2596  
[www.healthcare.gov](http://www.healthcare.gov)
- Medicaid  
Berrien and Van Buren counties ... (844) 464-3447  
Cass County ..... 445-0200  
[www.michigan.gov](http://www.michigan.gov)



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## Medicare/Medicaid, Health Benefits (cont.)

Medicare ..... (800) 633-4227  
[www.medicare.gov](http://www.medicare.gov)

Medicare/Medicaid Assistance Program (MMAP)  
Michigan ..... (800) 803-7174  
[www.mmapinc.org](http://www.mmapinc.org)

## Medicare/Medicaid Counseling Sites

Antwerp Township Hall  
Mattawan ..... 668-2615  
[www.antwerptownship.com](http://www.antwerptownship.com)

Area Agency on Aging ..... 983-0177 or (800) 654-2810  
[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)

Buchanan Area Senior Center ..... 695-7119  
[www.thebasc.org](http://www.thebasc.org)

Cass County Council on Aging  
Cassopolis ..... 445-8110 or (800) 323-0390  
[www.casscoa.org](http://www.casscoa.org)

Central County Senior Center  
Berrien Springs ..... 471-2017  
[www.centralcountyseniorcenter.org](http://www.centralcountyseniorcenter.org)

Greater Niles Senior Center ..... 683-9380  
[www.nilesseniorcenter.org](http://www.nilesseniorcenter.org)

North Berrien Senior Center  
Coloma ..... 468-3366  
[www.northberrienseniorcenter.org](http://www.northberrienseniorcenter.org)

River Valley Senior Center  
Harbert ..... 469-4556

Senior Services of Van Buren County  
South Haven ..... 637-3607  
[www.seniorservices-vbc.org](http://www.seniorservices-vbc.org)



## **MI Choice Waiver**

MI Choice Waiver is an alternative to nursing home care for older adults and those age 18+ with a disability and are income eligible.

MI Choice allows individuals to make their own decisions about where to live, how to direct their care, and what services they need. MI Choice can help arrange a variety of services to help keep people living independently.

Also see “Home and Community-based Long-term Care.” For more information, call the Info-Line at (800) 654-2810, or visit [www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org).

## **Nursing Homes/Skilled Nursing Facilities**

Call the Info-Line for a list of nursing homes in Berrien, Cass and Van Buren counties or go to [www.michigan.gov/lara](http://www.michigan.gov/lara). For nursing home information and advocacy call:

Long-Term Care Ombudsman ..... (866) 485-9393  
[www.mltcop.org](http://www.mltcop.org)

## **Nutrition Programs**

### **Home-delivered Meals**

Cass County Council on Aging

Cassopolis ..... 445-8110 or (800) 323-0390  
[www.casscoa.org](http://www.casscoa.org)

Meals on Wheels of Southwest Michigan, Senior Nutrition Services

Berrien and Van Buren counties

..... 925-0137 or (855) 925-0137  
[www.snsmeals.org](http://www.snsmeals.org)

### **Dining Sites**

Call sites directly or Meals on Wheels of Southwest Michigan, Senior Nutrition Services at 925-0137 or (855) 925-0137.

[www.snsmeals.org](http://www.snsmeals.org)



## Dining Sites (cont.)

Benton Harbor/Benton Township Senior Center	927-2497
Buchanan Area Senior Center	695-7119
Cass County Council on Aging Cassopolis	445-8110 or (800) 323-0390
Central County Senior Center Berrien Springs	471-2022
Greater Niles Senior Center	683-9380
North Berrien Senior Center Coloma	468-5682
Paw Paw Senior Center	657-5076
River Valley Senior Center Harbert	426-0912
Senior Services of Van Buren County South Haven	637-3607 or (866) 627-8904
St. Joseph/Lincoln Senior Center	429-7768

## Senior Centers

Benton Harbor/Benton Township Senior Center	927-2497
Buchanan Area Senior Center	695-7119 <a href="http://www.thebasc.org">www.thebasc.org</a>
Cass County Council on Aging Cassopolis	445-8110 or (800) 323-0390 <a href="http://www.casscoa.org">www.casscoa.org</a>
Central County Senior Center Berrien Springs	471-2022 <a href="http://www.centralcountyseniorcenter.org">www.centralcountyseniorcenter.org</a>
Greater Niles Senior Center	683-9380 <a href="http://www.nilesseniorcenter.org">www.nilesseniorcenter.org</a>
North Berrien Senior Center Coloma	468-5682 <a href="http://www.northberrienseniorcenter.org">www.northberrienseniorcenter.org</a>



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## Senior Centers (cont.)

- Paw Paw Senior Center ..... 657-5076  
[www.pawpawtownshipmi.gov](http://www.pawpawtownshipmi.gov)
- River Valley Senior Center  
Harbert ..... 426-0912
- Senior Services of Van Buren County  
South Haven ..... 637-3607 or (866) 627-8904  
[www.seniorservices-vbc.org](http://www.seniorservices-vbc.org)
- St. Joseph/Lincoln Senior Center ..... 429-7768  
[www.sjlsc.org](http://www.sjlsc.org)

**Social Security Administration** .... (877) 405-5457  
[www.ssa.gov](http://www.ssa.gov)

## Transportation

(Also see “Senior Centers” or visit [www.mywaythere.org](http://www.mywaythere.org))

### Public Transportation

- Berrien Bus ..... 471-1100 or (800) 654-1827  
[www.berriencounty.org](http://www.berriencounty.org)
- Buchanan Dial-A-Ride ..... 697-0600  
[www.cityofbuchanan.com](http://www.cityofbuchanan.com)
- Cass County Public Transit  
..... 445-2455 or (800) 323-2508
- Dowagiac Dial-A-Ride ..... 782-3300  
[www.cityofdowagiac.com](http://www.cityofdowagiac.com)
- Niles Dial-A-Ride ..... 684-5150  
[www.nilesdialaride.org](http://www.nilesdialaride.org)
- Twin Cities Area Transit Authority  
Benton Harbor ..... 927-4461
- Van Buren Public Transit .. 427-7921 or (800) 828-2015  
[www.vbco.org](http://www.vbco.org)



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## Specialized and Non-Emergency Medical Transportation

- Area Wide Transportation ..... 679-6999  
[www.areawidetransport.com](http://www.areawidetransport.com)
- Medic 1 Ambulance ..... 925-2141  
[www.medic1ambulance.org](http://www.medic1ambulance.org)
- Michiana Mobility ..... 252-2357  
[www.michiana-mobility.com](http://www.michiana-mobility.com)
- Private Duty Transportation ..... 983-0300 option 3
- Ready Ride Transportation ..... 616-261-2400  
[www.readyridegr.com](http://www.readyridegr.com)
- Southwestern Michigan Community Ambulance Service  
Niles ..... 684-2170  
[www.smcas.org](http://www.smcas.org)
- Van Buren Emergency Medical Services  
Paw Paw ..... 657-2996  
[www.bronsonhealth.com/vbems/](http://www.bronsonhealth.com/vbems/)

## Veterans

- Berrien County Veterans Services ..... 983-7111 ext. 8224  
[www.berriencounty.org/veterans](http://www.berriencounty.org/veterans)
- Cass County Veterans Affairs Department ... 445-4472  
[www.casscountymi.org](http://www.casscountymi.org)
- Van Buren County Veterans Services ..... 657-7376  
[www.vbco.org](http://www.vbco.org)

## Volunteer Opportunities

- Area Agency on Aging and Campus for Creative Aging  
..... 983-0177  
[www.areaagencyonaging.org/volunteer-opportunities](http://www.areaagencyonaging.org/volunteer-opportunities)
- United Way of Southwest Michigan ..... 982-1700  
[www.uwsm.org/volunteer](http://www.uwsm.org/volunteer)



# Info-Line

for Aging and Disability

**800-654-2810**

Region IV Area Agency on Aging, Inc. is committed to the core principles of diversity, equity, and inclusion.

Area Agency on Aging ensures the provision of equitable access to opportunities and resources for all people, including those who might otherwise be excluded or marginalized.

Who, What and Where is a publication of Area Agency on Aging, a private, not-for-profit agency serving Michigan's Berrien, Cass and Van Buren counties through planning, funding and advocacy since 1974.

Tax deductible donations may be made online or by mail to:

Region IV Area Agency on Aging  
2900 Lakeview Ave., St. Joseph, MI 49085

[www.AreaAgencyonAging.org](http://www.AreaAgencyonAging.org)



The Lynn & Freeborn Kellogg

**CAMPUS FOR  
CREATIVE AGING**

REGION IV



**Area Agency on Aging, Inc.**

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